
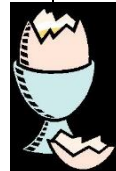
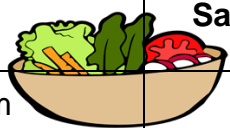


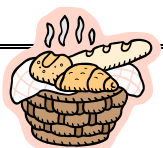


2024 Spring - Summer Menu - Fenwyck Heights

Week 3

	MONDAY		TUESDAY		WEDNESDAY		THURSDAY		FRIDAY		SATURDAY		SUNDAY	
	March 25	June 17	March 26	June 18	March 27	June 19	March 28	June 20	March 29	June 21	March 30	June 22	March 31	June 23
	April 22	July 15	April 23	July 16	April 24	July 17	April 25	July 18	April 26	July 19	April 27	July 20	April 28	July 21
	May 20	Aug 12	May 21	Aug 13	May 22	Aug 14	May 23	Aug 15	May 24	Aug 16	May 25	Aug 17	May 26	Aug 18
Sept 09		Sept 10		Sept 11		Sept 12		Sept 13		Sept 14		Sept 15		
Beverages	Tea • Coffee • Milk • Fruit Juice • Water													
Breakfast	Cold Cereal Or Cream of Wheat Pork Sausage Waffle Assorted Bread and Spread Options		Cold Cereal Or Oat Bran Cheese Omelet Croissant Assorted Bread and Spread Options		Cold Cereal Or Sunny Boy Baked Ham Pancake Assorted Breads and Spread Options		 Cold Cereal Or Oatmeal Boiled Egg Waffle Assorted Bread and Spread Options		Cold Cereal Or Cream of Wheat Turkey Sausage Croissant Assorted Bread and Spread Options		Cold Cereal Or Oat Bran Fried Egg French Toast Assorted Bread and Spread Options		Cold Cereal Or Oatmeal Scrambled Eggs Bacon Hash Browns Assorted Bread and Spread Options	
Lunch														
<i>Entree</i>	Tortellini Carbonara Garlic Toast Mixed Green Salad Or Sandwich of the Day 		Garlic Sausage Mashed Potatoes Gravy Greek Salad Or Sandwich of the Day		Pepperoni Pizza Creamy Coleslaw Or Sandwich of the Day		Greek Chicken Rice Tossed Salad Or Sandwich of the Day 		Hamburger Tomato/Lettuce/Cheese Fries Gravy Spinach Salad Or Sandwich of the Day		Egg Salad Sandwich on Sliced Bread Caesar Salad Or Sandwich of the Day		Hot Ham and Cheese Sandwich Rainbow Garden Salad Or Sandwich of the Day	
<i>Dessert</i>	Ice Cream		Danish		Mandarin Orange		Cheesecake		Banana Loaf		Apricot		Orange Cake	
<i>Soup</i>	Cream of Potato		Beef Barley		Cream of Turkey		Tomato		Cream of Corn		Chicken Leek		Borshch	
Supper														
<i>Entrée</i>	Baked Chicken Thighs Dice Roasted Potato Gravy Butternut Squash <i>*Alternative entrée</i> <i>Pesto Fish</i>		Butter Chicken Rice Mix Vegetables <i>Pork Ribs</i>		Beef Cabbage Rolls Pyrohy Sour Cream Buttered Corn <i>Turkey Schnitzel</i>		Ham Green/Yellow Beans Sweet Potato Wedges <i>Salisbury Steak</i>		Herb Fish Baked Potatoes Gravy Roasted Root Vegetables <i>Chicken Wings</i>		Ginger Beef Fried Rice Buttered Carrots <i>Coconut Shrimps</i>		Roast Beef in Au-Jus Scalloped Potatoes PEI Mixed Vegetable  <i>Pork Sausage</i>	
<i>Dessert</i>	Blueberry Tart		Nanaimo Bar		Chocolate Cake		Banana Cake		Seasonal Fruit Melon		Date Square		Apple Pie	
AM/PM/HS Snack	Fruits/Baked Goods		Fruits/Baked Goods		Fruits/Baked Goods		Fruits/Baked Goods		Fruits/Baked Goods		Fruits/Baked Goods		Fruits/Baked Goods	
Condiments	• Bread • Buns • Margarine • Butter													



Alternates and options must be ordered by 12:00 noon. Please see Kitchen staff to place your order.

Gravy With All Meals –Soup And Dessert May Change Without Notice