April 2024		Fenwyck Heights				St. Michael's HEALTH GROUP
Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
SPRING	9:30 Get Puzzled (PL) 10:30 Wacky Words (RL) 1:30 Exercise (MR) 2:45 Crib (DR)	2 10:00 Resident Meeting(MR) 1:30 Canasta(DR) 2:45 Music and Memories (RL)	9:30 Cranium Crunches(DR) 10:30 Bingo(AR)	9:30 Word Scramble(RL) 10:30 Stretch and Strength(MR) 1:30 M&M Game(DR) 2:45 Men's group (RL)	9:30 Trivia (RL) 10:30 Outing: Uncle Ed's Lunch (MUST SIGN UP)	6
7	9:30 Muffins(AR) 10:30 Craft(AR) 1:30 Exercise (MR) 2:45 Yahtzee(DR)	9:30 News and Views(RL) 10:30 Stretch And Strength (MR) 1:30 Canasta(DR) 2:45 Let's Talk Gardening (RL)	9:30 Therapeutic Coloring(DR) 10:30 Card Bingo (AR) 1:30 Walking Club (R) 2:45 Crib(DR) B N G O O O O O O O O O O O O O O O O O O	9:30 Word Scramble (DR) 10:20 Catholic Service(AR) 1:30 Scrabble (DR) 2:45 Shuffleboard	9:30 Trivia(RL) 10:30 Crib (DR) 1:30 Exercise(MR) 2:45 Pub Afternoon (AR)	13
14	9:30 Get puzzled (PL) 10:00 Prescott School Visit (MR) 1:30 Exercise (MR) 2:45 Boggle (DR)	9:30 Word Search(RL) 10:30 Stretch and Strength (MR) 1:30 Canasta (DR) 2:45 Music and Memories (RL)	9:30 Cranium Crunches (RL) 10:30 Bingo(AR) 1:30 Walking Club (R) 2:45 Nine Hole Showdown Card Game (DR)	9:30 Word Scramble(RL) 10:30 Stretch and Strength(MR) 1:30 Monthly Birthday Party (MR) 3:00 Men's Group	9:30 Trivia (RL) 10:30 Crib (DR) 1:30 Exercise (MR)	6:00-8:00 Moms Group Mystery Night Visit (MR)
21	9:30 Muffins (AR) 10:30 Scrabble (DR) 1:30 Exercise (MR) 2:45 Yahtzee (DR)	9:30 News and Views (RL) 10:30 Outing: River Cree Casino (MUST SIGN UP)	9:30 Therapeutic Coloring (DR) 10:30 Card Bingo(AR) 1:30 Walking Club (R) 2:45 You be the Judge (DR)	9:30 Stretch and Strength(MR) 10:20 Catholic Service (AR) 1:30 Health Awareness Advanced Care Planning (AR) 2:45 Shuffleboard (RL)	9:30 Trivia(DR) 11:45 Lunch with residents of Millennium Pavilion(DR) (MUST SIGN UP) 1:00 Games with Millennium Pavilion(MR) 2:45 Pub Afternoon(AR)	27
28	29 9:30 Get Puzzled (PL) 10:30 Rummy Q (DR) 1:30 Exercise (MR) 2:45 Boggle (DR)	9:30 Word Search (RL) 10:30 Stretch and Strength(MR) 1:30 Canasta(DR) 2:45 Music and Memories (RL)	LOCATION LEGEND MR- Multi Purpose Room AR- Activity Room DR- Dining Room B- Bistro RL- Residents Lounge PL- Puzzle Lounge R- Recption	Please note: Residents joining outings must sign up and provide the \$6 bus fee to Jinky in order to attend. Any cost of food or activities on the outing are the responsibility of the resident. Thank you!	AP	

If you have questions about the calendar or programs, please see the Activities Convener Joan in her office or phone her at 780-962-6598 ext. 213