











Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
	1 	2 9:30 Change 12 Letters (DR) 10:30 Stretch and Strength (MR) 1:30 Canasta (DR) 1:30 Balloon Volleyball (MR) 2:45 Concentration Puzzles (PL)	3 9:30 Gardening (R) 10:30 Card Bingo (AR) 1:30 Walking Club (R) 2:45 Hangman (DR) 	4 9:30 Do You Remember That (DR) 10:30 Stretch and Strength (MR) 1:30 Rummy Q (DR) 2:45 Men's Group (AR)	5 9:30 Brain Teasers (DR) 10:30 Exercises (MR) 2:45 Pub Afternoon (AR)	6 
7 	8 9:30 Jumbled Words (DR) 10:30 Crib (DR) 1:30 Exercises (MR) 2:45 Yahtzee (DR)	9 10:00 Resident Meeting (MR) 1:30 Canasta (DR) 1:30 Whist (PL) 2:45 Music on the Terrace(T)	10 9:30 Gardening (R) 10:30 Outing: Mama's Kitchen Alberta Beach (MUST SIGN UP) 1:00 Shuffleboard (RL) 2:45 Walking Club (R)	11 10:00 Hopeful Hooves Animal Visit (Parking lot) 10:20 Catholic Communion Service (AR) 1:30 Logical Summer BBQ Brain Game (DR) 2:45 Drawing fun (AR)	12 9:30 Trivia (2 ND) 10:30 Exercises (MR) 1:30 Movie Afternoon: Mia and The White Lion(MR) 3:00 Root Beer Floats(P)	13 
14 	15 9:30 Your Number's Up (PL) 10:30 Direction Test (DR) 1:30 Exercises (MR) 2:45 Scrabble (DR)	16 9:30 Think Fast (DR) 10:30 Stretch and Strength (MR) 1:30 Canasta (DR) 1:30 Reminiscing on the Terrace (T) 2:45 Concentration Puzzles (PL)	17 9:30 Gardening (R) 10:30 Bingo (AR) 1:30 Walking Club (R) 2:45 Wacky Words (DR)	18 9:30 Therapeutic Coloring (DR) 10:00 Pet Therapy (MR) 1:30 Summer Cryptogram (R) 2:45 Lemonade Stand (P)	19 9:30 5 Second Rule (RL) 10:30 Exercises (MR) 1:30 Crib (DR) 2:45 Pub Afternoon (AR)	20 
21 	22 9:30 Baking Cookies (AR) 10:30 Idioms (DR) 1:30 Movie Afternoon: The Girl Who Believes in Miracles (MR) 3:00 Yahtzee (DR)	23 9:30 Summer Charades (DR) 10:30 Stretch and Strength (MR) 1:30 Canasta (DR) 1:30 Scrambled words (PL) 2:45 Music on the Patio(P)	24 9:30 Gardening (R) 10:30 Card Bingo (AR) 1:30 Monthly Birthday Party (MR) 3:00 Rummy Q (DR)	25 9:30 Word Search (DR) 10:20 Catholic Communion Service (AR) 1:00 Health Awareness: Nutrition (MR) 2:30 Table Top Cup Pong (MR)	26 9:30 Test your Memory (DR) 10:30 Outing: Weiner Roast in Onoway (MUST SIGN UP) 1:00 Card Making (AR) 2:45 Balloon Volleyball (MR)	27
28 	29 9:30 Test Your Memory (PL) 10:30 Craft (AR) 1:30 Exercise (MR) 2:45 Scrabble (DR)	30 9:30 Think Fast (DR) 10:30 Stretch and Strength (MR) 1:30 Canasta (DR) 1:30 Whist (PL) 2:45 Head Bands Game (DR)	31 9:30 Gardening (R) 10:30 Bingo (AR) 1:30 Walking Club (R) 2:45 Are We Smarter Than a 5 th Grader (AR)	LOCATION LEGEND MR- Multi Purpose Room AR- Activity Room DR- Dining Room B- Bistro RL- Residents Lounge PL- Puzzle Lounge R- Reception 2 nd - 2 nd Floor Lounge P - Patio	Please note: Residents joining outings must sign up and provide the \$6 bus fee to Jinky to attend. Any cost of food or activities on the outings are the responsibility of the residents	