

# September 2024

# Fenwyck Heights



| Sunday        | Monday  | Tuesday   | Wednesday   | Thursday   | Friday  | Saturday   |
|---------------|---|---|---|--|---|--|
| <b>1</b><br>  | <b>2</b><br><b>Sorry! No Programs!</b>  | <b>3</b><br><b>10:00</b> Resident meeting (MR)<br><b>1:30</b> Canasta (AR)<br><b>1:30</b> Stretch and Strength (MR)<br><b>2:45</b> Music and Memories (T)                           | <b>4</b><br><b>9:30</b> Crossword Puzzle (5)<br><b>10:30</b> Outing: River Cree Casino (MUST SIGN UP)   | <b>5</b><br><b>9:30</b> Word Search (5 <sup>th</sup> )<br><b>10:30</b> Card Bingo (AR)<br><b>1:30</b> Crib (5 <sup>th</sup> )<br><b>1:30</b> Entertainment with Tom (MR)<br><b>2:45</b> Cryptograms (AR) | <b>6</b><br><b>9:30</b> Concentration Puzzles (5 <sup>th</sup> )<br><b>10:30</b> Back to school trivia (AR)<br><b>1:30</b> Exercises (MR)<br><b>2:45</b> Pub Afternoon (AR)                   | <b>7</b><br>   |
| <b>8</b><br>  | <b>9</b><br><b>9:30</b> Therapeutic Coloring (AR)<br><b>10:30</b> Yahtzee (AR)<br><b>1:30</b> Exercise (MR)<br><b>2:45</b> Crib (AR)                                    | <b>10</b><br><b>9:30</b> Think Fast (AR)<br><b>10:30</b> Stretch and Strength (MR)<br><b>11:30</b> Pizza Lunch (MUST SIGN UP) (AR)<br><b>1:30</b> Canasta (AR)                      | <b>11</b><br><b>9:30</b> Gardening (P)<br><b>10:30</b> Morning Prayer Service (MR)<br><b>1:30</b> Walking Club (R)<br><b>2:45</b> Ice Cream Social (B)  | <b>12</b><br><b>10:00</b> True or False (AR)<br><b>10:20</b> Catholic Communion Service (AR)<br><b>1:30</b> Are you Smarter than a 5th grader (AR)<br><b>2:45</b> Men's Group (T)                        | <b>13</b><br><b>9:30</b> Back to School Word Search (AR)<br><b>10:30</b> Don't Say It Word Game (5 <sup>th</sup> )<br><b>1:30</b> Movie Afternoon: Red Barn (MR)<br><b>3:00</b> Scrabble (AR) | <b>14</b><br>  |
| <b>15</b><br> | <b>16</b><br><b>9:30</b> Idioms (AR)<br><b>10:30</b> Back to School Trivia (RL)<br><b>1:30</b> Craft (AR)<br><b>2:45</b> Crib (AR)                                      | <b>17</b><br><b>9:30</b> News and Views (AR)<br><b>10:30</b> Stretch and Strength (MR)<br><b>1:30</b> Canasta (AR)<br><b>1:30</b> Rummy O (5)<br><b>2:45</b> Music and Memories (T) | <b>18</b><br><b>9:30</b> Gardening (P)<br><b>10:30</b> Bingo (AR)<br><b>1:30</b> Walking Club (R)<br><b>2:45</b> Salute The King (AR)                   | <b>19</b><br><b>9:30</b> Word Search (AR)<br><b>10:30</b> Stretch and Strength (MR)<br><b>1:30</b> Walk the Plank Game (AR)<br><b>2:45</b> Yahtzee (AR)  | <b>20</b><br><b>9:30</b> Who Am I (AR)<br><b>10:30</b> Outing: Mama's Kitchen (MUST SIGN UP)  | <b>21</b><br>  |
| <b>22</b><br> | <b>23</b><br><b>9:30</b> Crossword Puzzles (5 <sup>th</sup> )<br><b>10:30</b> Exercise (MR)<br><b>1:30</b> Health Awareness Mental Health (MR)<br><b>2:45</b> Crib (AR) | <b>24</b><br><b>Sorry! No Programs!</b>   | <b>25</b><br><b>9:30</b> Therapeutic Coloring (AR)<br><b>10:30</b> Card Bingo (AR)<br><b>1:30</b> Walking Club (R)<br><b>2:45</b> 9 Hole Show Down (AR) | <b>26</b><br><b>9:30</b> Creative Writing (AR)<br><b>10:00</b> Pet Therapy (MR)<br><b>10:20</b> Catholic Communion Service (AR)<br><b>1:30</b> Exercise (MR)<br><b>2:45</b> Painting (AR)                | <b>27</b><br><b>9:30</b> Word Scramble (AR)<br><b>10:30</b> Exercises (MR)<br><b>1:15</b> Movie Afternoon: Storm Rider (MR)<br><b>2:45</b> Pub Afternoon (AR)                                 | <b>28</b><br>  |
| <b>29</b><br> | <b>30</b><br><b>9:30</b> Baking (AR)<br><b>10:30</b> Coffee Social (AR)<br><b>1:30</b> Birthday Party: Westlock Merry Makers (MR)<br><b>3:00</b> Crib (AR)              |   |   | <b>LOCATION LEGEND</b><br>MR- Multi Purpose Room<br>AR- Activity Room<br>DR- Dining Room<br>2 <sup>nd</sup> - 2 <sup>nd</sup> floor Lounge<br>P - Patio outside Bistro<br>RL- Residents Lounge           | 5 <sup>th</sup> - 5 <sup>th</sup> floor Lounge<br>R- Reception<br>T - Terrace<br>B- Bistro  | <b>Please note:</b> Residents joining outings must sign up and provide the \$6 bus fee to Jinky to attend. Any cost of food or activities on the outings are the responsibility of the residents |

If you have questions about the calendar or programs, please see the Activities Convener, Joan, in her office or phone her at 780-962-6598 ext. 213