

November 2024

Fenwyck Heights



Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
LOCATION LEGEND MR- Multi Purpose Room AR- Activity Room DR- Dining Room 2nd – 2 nd floor Lounge P – Patio outside Bistro RL- Residents Lounge	5th – 5 th floor Lounge R- Reception T - Terrace B- Bistro			Please note: Residents joining outings must sign up and provide the \$6 bus fee to Jinky to attend. Any cost of food or activities on the outings are the responsibility of the residents	1 9:30 Word Search (AR) 10:30 What Am I? (AR) 1:30 Exercises (MR) 1:30 Library Project (L) 6:30 Card Bingo (AR)	2 9:30 Idioms (AR) 10:30 Bingo (AR) 1:30 Charades (AR) 2:45 Crib (AR)
3 	4 9:30 Brain Games (AR) 10:30 Exercises (MR) 1:30 Card Bingo (AR) 2:45 Travel Movie- Alaska (MR)	5 AM RSV Immunization Clinic (Must Sign Up)(MR) 1:30 Canasta (AR) 1:30 Fit Minds (MR) 2:45 Stretch & Strength (MR) 6:30 Uno (AR)	6 9:30 Crosswords (AR) 10:30 Would You Rather (AR) 1:30 Bingo (AR) 2:00 Walking Club (R) 2:45 Horseraces (AR) 6:30 Word Scrabble (AR)	7 9:30 Think Fast (AR) 10:30 Word Search (AR) 1:30 Stretch & Strength (MR) 1:30 Word Game (RL) 2:45 Floor Shuffleboard (MR) 6:30 Cards (AR)	8 9:30 This and That (RL) 10:30 Test Your Memory(AR) 1:30 Exercises (MR) 1:30 Library Project (L) 2:45 Remembrance Day Movie: Canada Remembers (MR)	9 9:30 Hangman (AR) 10:30 True and False (AR) 1:00 Trivia/Spelling Bee (AR) 2:45 Movie Matinee: The Intern (MR) 2:45 Crib (AR)
10 	11 No Programs Today	12 10:30 Stretch & Strength (MR) 1:30 Canasta (AR) 1:30 Fit Minds (MR) 1:30 Word Search (5) 2:45 Mini Golf (MR) 6:30 Uno (AR)	13 10:30 Ecumenical Church Service (MR) 1:30 Bingo (AR) 2:00 Walking Club (R) 2:45 Horseraces (MR) 6:30 Rummy O (AR)	14 9:30 Mix and Match (RL) 10:20 Catholic Communion Service (AR) 1:30 Afternoon Music (MR) 2:45 Ice Cream Social (B) 3:30 Choir Meeting and Practice (MR) 6:30 Scrabble (AR)	15 10:00 Outing: Walmart Christmas Shopping (MUST SIGN UP) 1:30 Card Bingo (AR) 2:45 Pub Afternoon (AR) 6:30 Follow That Maze (AR)	16 9:30 Pictionary (AR) 10:30 Therapeutic Coloring (AR) 1:30 Stretch & Strength (MR) 2:45 Crib (AR) 2:45 Word Game (RL)
17 	18 9:30 Word Scramble (AR) 10:30 Exercises (MR) 1:30 Cryptograms(AR) 2:45 Random Facts (AR)	19 9:30 Brain Games (5 th) 10:30 Stretch & Strength (MR) 2:00 Resident Meeting (MR) 3:00 Craft (AR) 6:30 Uno (AR)	20 9:30 Pictionary (AR) 10:30 Prescott School Visit (MR) 1:30 Bingo (AR) 2:00 Walking Club (R) 6:30 Yahtzee (AR)	21 9:30 Discussion Group (RL) 10:00 Pet Therapy (sign up) 1:30 Word Game (AR) 1:30 Stretch & Strength (MR) 2:45 Singalong (MR) 3:30 Choir Practice (MR) 6:30 Rummy O (AR)	22 9:30 Concentration Game (AR) 10:30 Card Bingo (AR) 1:30 Exercises (MR) 1:30 Memory Game (AR) 2:45 Donut Party (B) 6:30 Bob Playing Accordion (B)	23 9:30 Word Search (AR) 10:30 Exercises (MR) 1:30 Movie Matinee: The Best of Mr. Bean (MR) 2:45 Crib (AR)
24 	25 9:30 This & That (RL) 10:30 Exercises (MR) 1:30 Health Awareness: Osteoporosis/Bone Health (MR) 1:30 Word Scrabble (AR) 2:45 Nature Movie (MR)	26 9:30 Crosswords (AR) 10:30 Stretch & Strength (MR) 1:30 Canasta (AR) 1:30 Idioms (RL) 1:30 Fit Minds (MR) 3:00 Paint Class (AR) 6:30 Uno (AR)	27 9:30 Test your Memory (AR) 10:30 Prescott School Visit (MR) 1:30 Christmas Baking & Decorating (AR) 6:30 Crazy 8's (AR)	28 9:30 Think Fast (AR) 10:20 Catholic Communion Service (AR) 11:00 High Park School (MR) 1:30 Birthday Party: Wayne O (MR) 2:45 Large Crossword (AR) 2:45 9 Hole Showdown (5 th) 3:30 Choir Practice (AR) 6:30 Cards (AR)	29 9:30 Which Food Am I (AR) 10:45 Outing: River Cree Casino (MUST SIGN UP) 1:30 Exercises (MR) 2:45 Pub Afternoon (AR) 6:30 Talent Night (MR)	30 9:30 Think Fast (AR) 10:30 Bell Choir (MR) 1:30 Baking (AR) 2:45 Coffee Social (AR) 2:45 Crib (AR)

If you have questions about the calendar or programs, please see Joan or Sandy in the Activities office or phone 780-962-6598 ext. 213 or 220