







2024-25 Fall – Winter Menu

Week 2

	MONDAY		TUESDAY		WEDNESDAY		THURSDAY		FRIDAY		SATURDAY		SUNDAY	
	Sept 30 Oct 28 Nov 25	Dec 23 Jan 20 Feb 17	Oct 01 Oct 29 Nov 26	Dec 24 Jan 21 Feb 18	Oct 02 Oct 30 Nov 27	Dec 25 Jan 22 Feb 19	Oct 03 Oct 31 Nov 28	Dec 26 Jan 23 Feb 20	Oct 04 Nov 01 Nov 29	Dec 27 Jan 24 Feb 21	Oct 05 Nov 02 Nov 30	Dec 28 Jan 25 Feb 22	Oct 06 Nov 03 Dec 01	Dec 29 Jan 26 Feb 23
Beverages	• Tea • Coffee • Milk • Fruit Juice • Water													
Breakfast	Cream of Wheat Ham Slice French Toast Or Cold Cereal		Oatmeal Poached Egg Hash Browns or Cold Cereal		Oat bran Turkey Sausage Waffle or Cold Cereal		Cream of Wheat Beef Sausage Croissant or Cold Cereal		Oatmeal Boiled Egg Pancakes Or Cold Cereal		 Oat bran Pork Sausage French Toast or Cold Cereal		Cream of Wheat Plain Omelet Turkey Sausage or Cold Cereal	
Lunch														
Entree	Ham Melt Sandwich Creamy Apple Slaw or Sandwich of the Day		Fish Nuggets Fries/Gravy Tossed Salad Or Sandwich of the Day		Spinach Quiche Romaine Salad Or Sandwich of the Day		Chicken Skewered Rice Greek Salad Or Sandwich of the Day		Beef French Dip Caesar Salad Or Sandwich of the Day		Pulled Pork on Bun Pasta Salad Or Sandwich of the Day		Grilled Cheese Sandwich Mix Green salad or Sandwich of the Day	
Dessert	Butterscotch Pudding		Jello-o 		Apricot		Lemon Cake		Orange Wedges		Cherry Strudel		Grape	
Soup	Navy Bean Soup		Beef Vegetables 		Pork Vegetables		Vegetables Soup		Chicken Noodle		Split Pea		Creamy Turkey	
Supper														
Entrée	Beef Burgundy Mashed Potatoes/Gravy Buttered Green Bean Entrée 2 Tilapia Fish Citrus Spice		Breaded Chicken Herb Roasted Potatoes Gravy Sauteed Zucchini Entrée 2 Honey Garlic Pork Chop		Shepherd's Pie Buttered Noodles Carrot Entrée 2 Grilled Italian Sausage		Bacon/Omelet Pancake Mix Vegetables Entrée 2 Baked Herb Haddock		Roast Pork Sweet Potatoes Fries Green Peas Entrée 2 Montreal Chicken Breast		Turkey ala king Rice Steamed Beets Entrée 2 Garlic Butter Shrimp		Baked Salmon Mashed Potatoes Garvy Turnip Entrée 2 Vegetable Lasagna	
Dessert	Chocolate Cake		Lemon Tart		Apple Crumble		Mix Berries		Ice cream		Assorted Cake		Apple Pie	
AM/PM/HS Snack	Fruits/Baked Goods		Fruits/Baked Goods		Fruits/Baked Goods		Fruits/Baked Goods		Fruits/Baked Goods		Fruits/Baked Goods		Fruits/Baked Goods	
	Assorted Bread (Whole Wheat, White, Raisin) and Spread Options • Fresh Fruits • Margarine													

Alternates and options must be ordered by 12:00 noon. Please see kitchen staff to place your order.