# ST. MICHAEL'S FENNYCK HEIGHTS NEWSLETTER



January 2025



#### Q: HOW CAN I FIND OUT ABOUT IMPORTANT TOPICS TO FENWYCK HEIGHTS RESIDENTS?

Each month we hold our resident meeting. At this meeting, management discusses important topics with the residents and it is a great opportunity for residents to ask questions or raise concerns to management. The next resident meeting is on January 7th at 2pm.

#### Q: HOW CAN I JOIN RESIDENT COUNCIL?

Each May we hold an election for the new Resident Council. We did recently have two positions open on the current Resident Council. All residents interested in joining are asked to let management know of their interest to join before the January 7th resident meeting.

## YOUR MONTHLY UPDATE FROM FENWYCK HEIGHTS 2024 RESIDENT CHRISTMAS PARTY













Happy New Year! "And now we welcome the new year. Full of things that have never been." - Rainer Maria Rilke

### FENWYCK HEIGHTS RESIDENT ACTIVITIES





### How does Lewy body dementia affect a person?

A person living with Lewy body dementia will experience a decline in thinking and memory over time. Even in the early stage, Lewy body dementia can affect the ability to plan and organize. It can also affect how quickly the brain can process information.

Source: Alzheimer Society of Canada

For more information visit: <u>www.alzheimer.ca</u> or speak to your health care professional.



## DO YOU HAVE QUESTIONS OR NEED MORE INFORMATION? CONTACT US!

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