

# FENWYCK HEIGHTS

## NEWSLETTER



### Frequently Asked Questions

#### Q: WHO IS ON OUR RESIDENT COUNCIL?

The members of Resident Council are:

- Madeleine Rainville
- Marjory Barnhart
- Rob Bacchus
- Stan Seymour
- Brian Leonard
- Marilynn Anderson

If you have questions or concerns you would like resident council to bring to management, please approach one of these residents.

#### Q: WHO CAN USE THE PIANO IN THE BISTRO?

Anyone! If you or a loved one play piano and would like to use it, please feel free to do so.

If you'd like to schedule a performance to be added to the Activities Calendar, please reach out to Joan to do so.

### YOUR MONTHLY UPDATE FROM FENWYCK HEIGHTS

#### Happy Valentine's Day!

"To be brave is to love someone unconditionally, without expecting anything in return. To just give."

- Madonna



### WELCOME OUR NEW SUPPORTIVE SERVICES SUPERVISOR



Please help us welcome our new Supportive Services Supervisor, Catherine Galano! Catherine is an LPN and will work alongside Lina to supervise the Health Care Aides and coordinate care for the residents of Fenwyck Heights. She can help answer any questions you may have about Home Care. We are thrilled to have her join the team!

# FENWYCK HEIGHTS RESIDENT ACTIVITIES



# MONTHLY

## HEALTH AWARENESS

### February: Stroke

What are the symptoms of a Stroke?

# Learn the signs of stroke

**F**ace is it drooping?

**A**rms can you raise both?

**S**peech is it slurred or jumbled?

**T**ime to call 9-1-1 right away.

Act **F A S T** because the quicker you act, the more of the person you save.

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## DO YOU HAVE QUESTIONS OR NEED MORE INFORMATION?

# CONTACT US!

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