

FENWYCK HEIGHTS

NEWSLETTER



Frequently Asked Questions

Q: CAN WE PARK IN THE LOADING ZONE OUTSIDE THE FRONT ENTRANCE?

No - the loading zone outside the front entrance is to be used only for very short periods of time when loading or unloading passengers or items. This area must be accessible to emergency response vehicles. No residents, staff, or visitors should be parking in this area and leaving their vehicles. If a vehicle is found to be left in this loading zone the owner will be contacted, and if the owner cannot be contacted, the vehicle may be towed.

Q: WHERE CAN VISITORS PARK?

Visitors can park in any stalls marked "visitor parking." Please remind your visitors not to park in any stalls marked "assigned parking." Thank you!

YOUR MONTHLY UPDATE FROM FENWYCK HEIGHTS

HAVE YOU SEEN THE NEW ITEMS AVAILABLE IN THE BISTRO?



The kitchen has been hard at work coming up with new ideas and foods to offer for purchase in the Bistro! If you haven't seen the new items, go check them out! We now offer chef's choice sandwiches and salads that change regularly, and heat-to-go meals to provide even more delicious food options to residents outside the daily supper and three snacks a day that every resident receives in the dining room.



Happy St. Patrick's Day!

"When you make a wee wish on a green four-leafed clover, may your belly stay full and your cup runneth over."

—Richelle E. Goodrich

FENWYCK HEIGHTS RESIDENT ACTIVITIES

MONTHLY HEALTH AWARENESS

March: Oral Health

Good Oral Health

As you get older, your mouth health can be affected by aging, diseases, or medicines you take. Prevention is the best way to keep your mouth healthy at any age. This includes brushing and flossing every day and visiting the dentist regularly. A healthy mouth is important for a healthy body and mind.

Source: MyHealthAlberta

For more information visit:
www.myhealth.alberta.ca or speak to your health care professional.



DO YOU HAVE QUESTIONS OR NEED MORE INFORMATION?

CONTACT US!

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