#### ST. MICHAEL'S

## FENWYCK HEIGHTS

**NEWSLETTER** 



# Frequently Usked Questions

## Q: HOW CAN I GET MY MONTHLY RENT INVOICE?

If you would like a monthly rent invoice, you can either request to have it emailed to you, or stop by the reception desk for a printed copy upon request.

## Q: WHO DO I REPORT MAINTENANCE CONCERNS TO?

Please report maintenance concerns to Jinky on weekdays, or a Health Care Aid on evenings and weekends. Maintenance will not enter a suite without a resident present unless it is an emergency situation. Emergency maintenance concerns can be reported to any staff, any time. After hours maintenance requests that are non-emergencies will be addressed on the next business day.

#### YOUR MONTHLY UPDATE FROM FENWYCK HEIGHTS



### Happy Father's Day!

"A father's smile has been known to light up a child's entire day." — Susan Gale

#### **RESIDENT REMINDERS**

June 2-6	Seniors Week! Check the activity calendar for exciting activities!
June 6, 10:00am	Outing: Lunch at Old Yale Brewery (please sign up)
June 11, 1:00pm	Music with Don (MR)
June 12, 10:15am	Hopeful Hooves Horse Visit (PL)
June 12, 1:00pm	Health Presentation: Elder Abuse (MR)
June 13, 10:30am & 1:30pm	Smartphone Class #2: Photos and Videos (MR)
June 18, 1:30pm	Father's Day Donuts & Music (MR)
June 27, 10:30am	Outing: Westlock Museum and Lunch (please sign up)
June 30, 1:30pm	Birthday Party with Terry Jorden (MR)

If you would like to have your name and phone number on the resident phone list, please sign a consent form with Jinky at the reception desk.

Please do not let anyone you do not personally know inside the building when the doors are locked. It's not rude, it's safe!

#### FENWYCK HEIGHTS RESIDENT ACTIVITIES





























## MONTHLY HEALTH AWARENESS

June: Elder Abuse Awareness

#### What is elder abuse?

Elder abuse is any intentional or reckless act or willful and negligent disregard, occurring within a relationship of family, trust or dependency, directed at someone 65 years of age or older, that:

- causes physical, emotional or psychological harm
- involves the misappropriation or misuse of money or other personal possessions or personal or real property
- subjects an individual to non-consensual sexual contact, activity or behaviour
- fails to provide the necessities of life

Source: Government of Alberta

For more information visit:
www. <a href="https://www.alberta.ca/get-help-elder-abuse#help">https://www.alberta.ca/get-help-elder-abuse#help</a> or speak to your health care professional.



DO YOU HAVE QUESTIONS OR NEED MORE INFORMATION?

#### CONTACT US!

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