

July 2025

Fenwyck Heights



Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
		1 Sorry – No Programs! 	2 9:30 Gardening (R) 10:30 Roll the Dice Small Talk (AR) 1:30 Bingo (AR) 2:00 Walking Club (R) 2:45 Horse Races (MR)	3 9:30 Comedic Canines & Funny Felines (5) 10:30 Stretch and Strength (MR) 1:30 Rummy O(DR) 2:45 Pub Afternoon (AR)	4 9:30 Word Search (5) 1:30 Card Bingo (AR) 2:45 Name that tune (T) 7:50 CPS Singers (MR)	5 2:45 Shuffleboard (RL)
6	7 10:00 Resident Meeting (MR) 1:30 Card Bingo (AR) 2:45 Exercise (MR)	8 9:30 A-maze-me (5) 10:30 Stretch and Strength (MR) 1:30 Canasta (AR) 1:30 Scrabble (5) 2:00 Hymn Sing (MR) 2:45 Fit Minds (5)	9 9:30 Exercise (MR) 10:30 Ecumenical Church Service (MR) 10:30 Craft (AR) 1:30 Bingo (AR) 1:30 Crib (RL) 2:45 Horse races (R)	10 10:15 Hopeful Hooves Animal Visit (Parking lot) 10:00 Catholic Communion Service (AR) 1:00 Health Presentation Sun Safety (AR) 2:45 Stretch and Strength (MR)	11 9:30 Exercise (MR) 10:30 River Cree Casino 10:30 Nice Nails (AR) 1:30 Rummy O (5)	12 9:30 Who, What, Where (5) 10:30 Card Bingo (AR) 1:30 Special Sodas (T) 2:45 Shuffleboard (RL) 2:45 A left right Christmas in July (T)
13 	14 10:30 Exercise (MR) 1:30 Card Bingo (AR) 2:45 Photographic Memory (5)	15 9:30 Summer Word Match (5) 10:30 Stretch and Strength (MR) 10:30 Shuffleboard (RL) 1:30 Canasta (DR) 1:30 Puzzles for Men (AR) 2:45 Balloon Volleyball (MR)	16 9:30 Therapeutic Coloring 11:45 Indoor Picnic Italian Center (MR) \$10 (MUST SIGN UP) 1:30 Bingo (AR) 2:45 Horse Races (MR)	17 9:30 Spring Garden word Scramble (MR) 10:30 Stretch and Strength (MR) 1:30 Afternoon Music with Jim (MR) 2:45 Lemonade Stand (T)	18 9:30 5 Second Rule (RL) 10:30 Get Smart- Surfing the net (MR) 10:30 Card Bingo (AR) 1:00 Get Smart- Surfing the net (MR) 1:00 Collage Detective (AR) 2:45 Pub Afternoon (AR)	19 9:30 Baking Muffins (AR) 10:00 Muffins & Coffee (AR) 2:45 Shuffleboard (RL) 2:45 Ice cream Social (B) \$3
20 	21 9:30 What am I (AR) 10:30 Exercise (MR) 1:30 Movie Matinee - Nonna's (MR) 1:30 Crib (AR) 3:00 Pondering Thoughts (T)	22 9:30 Animal Eating Habits Quiz (5) 10:30 Stretch and Strength (MR) 1:30 Canasta (DR) 1:30 Collage Detective (AR) 2:00 Hymn Sing (MR) 2:45 Fit Minds (5)	23 9:30 Gardening (BP) 10:30 Pool (RL) 10:30 Word search (5) 1:30 Bingo (AR) 2:00 Walking Club (BP) 2:45 Horse Races (MR)	24 9:30 Summer Crosswords (DR) 10:00 Catholic Communion Service (AR) 10:30 9-hole showdown (5) 1:30 Stretch and Strength (AR) 2:45 Axe Throwing (MR)	25 9:30 Quiz Blitz (AR) 10:30 Collage Detective (AR) 10:30 St Albert Botanic Gardens Lunch \$7-sign up 1:30 Exercise (MR) 2:45 Rummy O (AR)	26 2:45 Shuffleboard (RL)
27 	28 9:30 Uno (AR) 10:30 Card Bingo (AR) 1:30 Exercise (MR) 2:45 Show and Share something that is important to you (AR)	29 9:30 Think Fast (DR) 10:30 Stretch and Strength (MR) 11:30 Red Swan Pizza Lunch (MR) \$6 (MUST SIGN UP) 1:30 Canasta (AR) 1:30 9 Hole Showdown (AR) 2:45 Sing A long (MR)	30 9:30 Gardening (R) 10:30 Bingo (AR) 1:30 Birthday Party with Klondike Kate (MR) 3:00 Horse Races (MR)	LOCATION LEGEND MR- Multi Purpose Room AR- Activity Room DR- Dining Room B- Bistro RL- Residents Lounge PL- Puzzle Lounge R- Reception 2 nd – 2 nd Floor Lounge P - Patio	Please note: Residents joining outings must sign up and provide the \$6 bus fee to Jinky to attend. Any cost of food or activities on the outings are the responsibility of the residents	

If you have questions about the calendar or programs, please see the Activities Convener, Joan, in her office or phone her at 780-962-6598 ext. 213