



Frequently Asked Questions

Q: DO OVERNIGHT GUESTS NEED TO LET STAFF KNOW WHICH VEHICLE IS THEIRS?

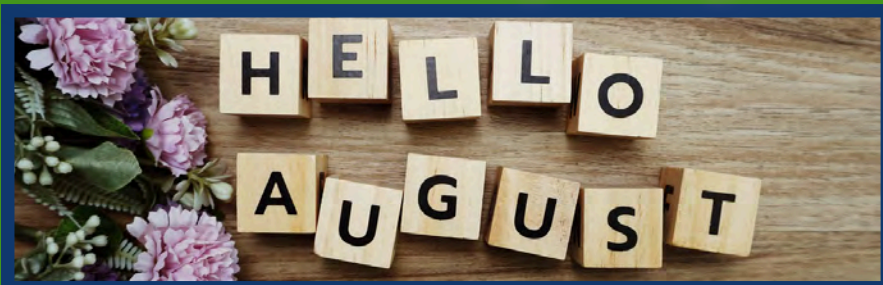
Yes, **overnight** guests staying in the guest suite or in the residents suite with them need to note their vehicle make and model, as well as which resident they are staying with in the resident sign in/out binder at the front door. This will prevent any concern over unauthorized vehicles in the parking lot for extended periods. Visitors not staying the night do not need to do this.

Q: WHEN CAN I MAKE A PURCHASE AT THE SALON?

The salon does not have to be open to make a purchase. If you would like to buy something when the door is closed, please see Jinky, Meagan, or Cate and they will assist you.

YOUR MONTHLY UPDATE FROM FENWYCK HEIGHTS

Have a Lovely August!



"August is the border between summer and autumn; it is the most beautiful month I know." – Tove Jansson

RESIDENT REMINDERS

August 6, 10:00am	Resident Meeting (MR)
August 7, 1:00pm	Health Presentation: Dry Eyes (AR)
August 8, 10:00am	Outing: Peaceful Valley (please sign up)
August 11, 10:15am	Hopeful Hooves Horse Visit (PL)
August 12, 10:00am	Hearing Clinic (AR)
August 14, 1:30pm	Hawaiian Party With Uke-Chicks (MR)
August 15, 10:30am & 1:30pm	Smartphone Class #4 (MR)
August 19, 2:45pm	Dole Whip on the Terrace (T)
August 22, 10:30am	Outing: Mamas Kitchen Lunch (please sign up)
August 28, 1:30pm	Birthday Party (MR)

Please do not let anyone you do not personally know inside the building when the doors are locked. It's not rude, it's safe!

Please let staff know one day in advance if guests will join you in the dining room. We may be able to accommodate guests without notice after 6pm but cannot guarantee it.

MONTHLY HEALTH AWARENESS

August: Dry Eyes

What is dry eye?

The tears your eyes normally produce are necessary for overall eye health and clear vision. Dry eye occurs when your eyes do not produce enough tears or produce tears that do not have the proper chemical composition.

What causes dry eye?

Dry eye symptoms can result from the normal aging process, hormonal changes, exposure to certain environmental conditions, problems with normal blinking or from medications such as antihistamines, oral contraceptives or antidepressants. Dry eye can also be symptomatic of general health problems, such as arthritis, or can result from UV exposure and environmental irritants.

Source: Alberta Association of Optometrists.

www.myhealth.alberta.ca or speak to your health care professional.



DO YOU HAVE QUESTIONS OR NEED MORE INFORMATION?

CONTACT US!

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