August 2025

Fenwyck Heights



August 2025		reliwyck neights			HEALTH GROUP	
Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
LOCATION LEGEND MR- Multi Purpose Roc AR- Activity Room DR- Dining Room 2 nd – 2 nd floor Lounge P – Patio outside Bistr RL- Residents Lounge	5 th – 5 th floor Lounge R- Reception T - Terrace o B - Bistro	Please note: Residents joining outings must sign up and provide the \$6 bus fee to Jinky to attend. Any cost of food or activities on the outings are the responsibility of the residents	Hello		1 9:30 Concentration Puzzles (5 th) 10:30 Card Bingo (AR) 1:30 Q-tip Painting (AR) 2:45 Pub Afternoon (AR) 7:50 CPS Singers (MR)	2:45 Shuffleboard (RL)
3	4 August Long Weekend! Sorry – no programs!	10:30 Stretch and Strength (MR) 10:30 Gardening (P) 1:30 Rummy O (AR) 1:30 Canasta (AR) 2:00 Hymn Sing (MR) 2:45 9 Hole Showdown (AR)	10:00 Resident Meeting (MR) 1:30 Bingo (AR) 2:00 Walking Club (L) 2:45 Horse Races (MR)	9:30 Collage Detective (5) 10:30 Stretch and Strength (MR) 10:30 Exposing the Secret Word (5) 1:00 Health Awareness: Dry Eyes (AR) 1:30 Never have I Ever (AR) 1:30 August EZ Does it Trivia (5) 2:45 Pool (RL)	10:00 Outing: Peaceful Valley Trip (MUST SIGN UP) 1:30 Card Bingo (AR)	9:30 Therapeutic Coloring (5) 10:30 Card bingo (AR) 1:30 Ice cream Social (AR) 2:45 Shuffleboard (RL) 2:45 Tea(iced) on the Terrace (T)
	9:30 Think Fast (5 th) 10:15 Hopeful Hooves Horse Visit (PL) 1:30 Exercise (MR) 2:45 Balloon Volleyball (MR)	9:30 Word Mix ups (5) 10:00 Hearing Clinic (AR) 10:30 Stretch and Strength (MR) 1:30 Canasta (RL) 1:30 Craft (AR) 2:45 Fit minds (MR)	9:30 Gardening (R) 10:30 Ecumenical Service (MR) 10:30 Yahtzee (AR) 1:30 Bingo (AR) 2:00 Walking Club (L) 2:45 Horse Races (MR)	9:30 Puzzle Time (5) 10:30 Stretch and Strength - (MR) 10:00 Catholic Communion Service (AR) 1:30 Hawaiian Party with the Uke-Chicks 2.0 (MR) 3:00 True or False (5)	9:30 Hawaiian Word Search (5 th) 10:30 Who, What, Where (5) 10:30 Get Smarter with your Smart Phone (MR) 1:00 Get Smarter with your Smart phone (MR) 1:30 Rummy O (AR) 2:45 Pub Afternoon (AR)	16 9:30 Making Muffins(AR) 10:00 Morning Muffins and Coffee (AR) 1:30 Card Bingo (AR) 2:45 Shuffleboard 2:45 Axe & Dart Throwing (MR)
ARTS CRAFTS	10:30 Exercise (MR) 10:30 Word Search (5) 1:30 Making Dill Pickles (AR) 3:00 Rummy Q (5 th)	19 9:30 Junk Drawer Conversations (AR) 10:30 Stretch and Strength (MR) 10:30 Shuffleboard (RL) 1:30 Canasta (AR) 1:30 Scrabble (5) 2:00 Hymn Sing (MR) 2:45 Dole Whip \$2 on the Terrace (T)		9:30 Cross words (5) 10:30 Pool (RL) 10:30 Bingo (AR) 1:30 Stretch and Strength (MR) 1:30 Melodies from the Yellow Brick Road (5) 2:45 Mexican Train (AR)	9:30 Summer Charades (AR) 10:30 Card Bingo (AR) 10:30 Outing: Mammas Kitchen Lunch (MUST SIGN UP) 1:30 Would you rather do men's addition (AR)	2:45 Shuffleboard (RL)
1	.0:30 Old-Timey Words Phrases (5) 10:30 Gardening (R) 1:30 Exercise (MR) 1:30 Word search (5) 2:45 Duck Hunt (AR)	9:30 Creative Coloring (AR) 10:30 Stretch and Strength (MR) 10:30 Crosswords puzzles (5) 1:30 Sing a long (MR) 1:30 Canasta (AR) 1:30 Uno (RL) 2:45 Fit minds (MR)	27 10:30 Spelling Bee (AR) 10:30 Name that tune (2 nd) 1:30 Bingo (AR) 2:00 Walking Club (R) 2:45 Horse Races (MR)	9:30 Think Fast (5) 10:00 Catholic Communion Service (AR) 10:30 Test your memory (5) 1:30 Birthday Party (MR)	9:30 Collage Detective (5) 10:30 Card Bingo (AR) 1:15 Movie afternoon: Cowgirls and Angels (MR) 1:30 Rummy O (5) 2:45 Pub Afternoon (AR)	30 2:45 Shuffleboard (RL)