



Frequently Asked Questions

Q: CAN WE SAVE SEATS IN THE DINING ROOM?

Residents are reminded to please not save seats in the dining room. If you would like to sit together with a group, please come down to the dining room at the same time. If there is an empty seat at your table, please welcome other residents to sit with you. The more the merrier! Thank you!

Q: WHERE ARE VISITING PETS ALLOWED TO GO?

Visiting pets may be in resident suites, and may say hello in common areas. However, visiting pets are strictly prohibited in areas that involve food service or preparation, this includes the dining room, activity room, bistro, and snack area. Thank you for reminding your visitors of these guidelines!

YOUR MONTHLY UPDATE FROM FENWYCK HEIGHTS

RESIDENT REMINDERS

Oct 3, 7:50pm	CPS Singers (MR)
Oct 6, 10:00am	Hopeful Hooves Visit (PL)
Oct 9, 9am-1pm	Immunization Clinic (please sign up)
Oct 10, 1-6pm	Municipal Election Polling Station (AR)
Oct 14, 10:30am	Mystery Outing (please sign up)
Oct 15, 10:00am	Resident Meeting (MR)
Oct 16, 10:30 & 1:00	Smart Phone Class - Email (MR)
Oct 17, 1:30pm	Afternoon Entertainment (MR)
Oct 22, 11:00am	Outing: Something Else Restaurant (please sign up)
Oct 29, 1:30pm	Monthly Birthday Party (MR)
Oct 31, 1:00pm	Halloween Party & Costume Contest (MR)

Please do not let anyone you do not personally know inside the building when the doors are locked. It's not rude, it's safe!

Please let staff know one day in advance if guests will join you in the dining room. We may be able to accommodate guests without notice after 6pm but cannot guarantee it.

Happy Thanksgiving!



"There is always, always something to be thankful for." Unknown

MONTHLY HEALTH AWARENESS

October: Flu Season

What is Influenza?

Influenza is a respiratory infection that can cause mild to severe illness, including hospitalization or death. The people at greatest risk of influenza-related complications are adults and children with chronic health conditions, residents of nursing homes and other chronic care facilities, adults 65 years of age and older (particularly frail older adults), children 0 to 59 months of age, pregnant women and pregnant individuals, and individuals in or from First Nations, Inuit, or Métis communities.

Public Health Agency of Canada recommends yearly vaccination for anyone aged six months or older who does not have contraindications, ideally before flu season starts.

Source: [Statement on seasonal influenza vaccines for 2025–2026](#)



Reminder: Monthly Resident Meeting minutes are available on the bulletin board by the front desk. Thank you!



DO YOU HAVE QUESTIONS OR NEED MORE INFORMATION?

CONTACT US!

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