

October 2025

Fenwyck Heights



Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
LOCATION LEGEND MR- Multi Purpose Room AR- Activity Room DR- Dining Room 2nd – 2 nd floor Lounge P – Patio outside Bistro RL- Residents Lounge	5th – 5 th floor Lounge R- Reception T - Terrace B- Bistro PL – Parking lot		1 10:00 Clean up Outdoor Planters (P) 1:15 Bingo (AR) 2:30 Horse Races (MR)	2 9:30 Morning Meeting Questions (5) 10:30 9 Hole showdown (AR) 11:00 High Park School Visit (MR) 1:15 Stretch & Strength (MR) 2:00 Afternoon Movie-Our Soles at night (MR)	3 9:30 Crosswords (AR) 10:30 Stretch & Strength (MR) 1:15 Card Bingo (AR) 2:15 Happy Hour (AR) 7:50 CPS singers (MR)	4 2: 30 Shuffleboard (RL)
5	6 9:30 Word Searches (5) 10:15 Hopeful Hooves Visit (PL) 1:15 Stretch & Strength (MR) 2:30 Men's Program-You be the mechanic	7 10:00 Stretch & Strength (MR) 1:30 Canasta (AR) 2:00 Hymn Sing (MR) 2:45 Fit Minds (MR)	8 9:30 Hidden in Plain Sight (5) 10:30 Ecumenical Church (MR) 1:15 Bingo (AR) 2:30 Horse Races (MR)	9 9:00-1:00 Immunization Clinic (MR) 10:00 Catholic Communion Service (AR) 11:00 High Park Visit (AR) 1:00 Health Presentation (AR) 1:30 Living Waters Visit (MR) 2:45 Ice Cream Social (AR)	10 1:00-6:00 Municipal Election Polling Station (MR)	11 2:30 Shuffleboard (RL)
12	13 Thanksgiving! Sorry – No Programs!	14 10:30 Bingo (AR) V 10:30 Mystery Trip- Must sign up at reception 1:15 Canasta (RL)	15 10:00 Resident Meeting (MR) 1:30 Bingo (AR) 2:30 Horse Races (AR)	16 9:30 Who, What, where (5) 10:30 Smart Phone-Email (MR) 1:00 Smart Phone-Email (MR) 2:30 Would you rather? Autmn addition (5)	17 9:30 Boggle Board (5) 10:30 Stretch & Strength (MR) 1:30 Afternoon Entertainment (MR)With Bev Bibby 2:15 Happy Hour (AR)	18 2:30 Shuffleboard (RL)
19 3:00 Church Service (MR) 	20 9:30 History of Baking (5) 10:30 Stretch & Strength (MR) 1:15 Card Bingo (AR) 2:30 Snap & Snack Auction (AR)	21 9:30 Crosswords (AR) 10:30 Stretch & Strength (MR) 1:15 Canasta (AR) 2:00 Hymn Sing (MR) 2:45 Fit Minds (MR)V	22 9:30 What would you do if? 11:00 Bus trip to Something Else Restaurant- Must sign up	23 10:00 Catholic Communion Service (AR) 11:00 High Park Visit (MR) 1:15 Stretch & Strength (MR) 2:30 Balloon Volleyball (MR) (AR)	24 9:30 Mini Sudoku (5) 10:30 Pool (RL) 1:15 Bingo (AR) 2:30 Horse Races (MR)	25 2:30 Shuffleboard (RL)
26	27 9:30 Funny Videos (5) 10:30 What's that Sound (AR) 1:15 Making Muffins (AR) 2:00 Muffins & Coffee (AR)	28 9:30 Collage Detective (AR) 10:30 Stretch & Strength (MR) 1:15 Canasta (AR) 1:15 Sing along with Myrna (MR) 2:30 Craft (AR) V	29 10:30 Three-piece Suit Card Game (AR) 1:30 October Birthday Party (MR) Marci	30 9:30 Concentration Puzzles (AR) 10:30 Stretch & Strength (MR) 11:00 High Park Visit (MR) 1:15 Bingo (AR) 2:30 Horse Races (MR)	31 9:30 Halloween word search (5) 10:30 Card Bingo (AR) 1:00 Halloween Party Happy Hour and Costume Contest (AR)	Please note: Residents joining outings must sign up and provide the \$6 bus fee to Jinky to attend. Any cost of food or activities on the outings are the responsibility of the residents

If you have questions about the calendar or programs, please see Joan in the Activities office or phone 780-962-6598 ext. 213 or 214