$\wedge \wedge$	MONDAY		TUESDAY		WEDNESDAY		THURSDAY		FRIDAY		SATURDAY		SUNDAY	
	Sept 22	Dec 15	Sept 23	Dec 16	Sept 24	Dec 17	Sept 25	Dec 18	Sept 26	Dec 19	Sept 27	Dec 20	Sept 28	Dec 21
	Oct 20	Jan 13	Oct 21	Jan 14	Oct 22	Jan 15	Oct 23	Jan 16	Oct 24	Jan 17	Oct 25	Jan 18	Oct 26	Jan 19
SMHG	Nov 17	Feb 09	Nov 18	Feb 10	Nov 19	Feb 11	Nov 20	Feb 12	Nov 21	Feb 13	Nov 22	Feb 14	Nov 23	Feb 15
Beverages						• T	ea ● Coffee ● l	Fruit Juice •						
Breakfast	Cream of Wheat Scrambled Eggs Toast		Oatmeal Cereal Sausage Waffles		Oat Bran Cereal Poached Eggs Hash browns		Oatmeal Cereal Ham Croissant		Cream of Wheat Breakfast Sandwich On an English Muffin		Oatmeal Cereal Veggie Frittata Toast		Oat Bran French Toast Beans	
	<i>or</i> Cold Cereal		<i>or</i> Cold Cereal		<i>or</i> Cold Cereal		<i>or</i> Cold Cereal		<i>or</i> Cold Cereal		<i>or</i> Cold Cereal		or Cold Cereal	
Lunch														
Entree	Ham Sandwich Mixed Salad		Beef Dip Potato Salad		Chicken Fingers Fries/Gravy Mixed Salad		Bologna Sandwich Mixed Salad		Pork Sandwich Onion Rings Mixed Salad		Chicken Caesar Salad Breadsticks		Egg Salad Mixed Salad	
	<i>or</i> Assorted Sandwiches		<i>or</i> Assorted Sandwiches		<i>or</i> Assorted Sandwiches		or Assorted Sandwiches		<i>or</i> Assorted Sandwiches		<i>or</i> Assorted Sandwiches		or Assorted Sandwiches	
Dessert	Fruit Cocktail		Yogurt & Granola		Peaches		Cheesecake		Ice Cream		Haystacks		Fruit	
Soup	Beef Barley		Hearty Vegetable Soup		Seafood Chowder		Beef Noodle		Chicken Rice		Pork Vegetable		Potato Bacon	
Supper														
Entrée	Stuffed Pasta Garlic Toast Mixed Veg		Chicken à la King Bun Steamed Veg		Salisbury Steak Roasted Potato Gravy Mixed Veg		Pork Chops Rice Mixed Veg		Tuna Casserole Cornbread Mixed Veg		Ginger Beef Fried Rice Mixed Veg		BBQ Pork Ribs Whipped Potatoes Coleslaw	
Alternative Entrée –	Sweet & Sour Pork		Market Fish*		Turkey Schnitzel*		Herb Chicken*		Bavarian Sausage*		Shrimp Scampi*		Seasoned Chicken*	
Dessert	Lemon Loaf		Oreo Trifle		Pudding		Mixed Berry Cobbler		Banana Cake		Caramel Vanilla Cake		Assorted Dessert	
Supper Salad	Mixed	Mixed Salad Mixed Salad		Mixed Salad		Mixed Salad		Mixed Salad		Mixed Salad		Mixed Salad		
PM/HS Snack	Assorted	Assorted Snacks Assorted Snacks		Assorted Snacks		Assorted Sacks		Assorted Snacks		Assorted Snacks		Assorted Snacks		
Condiments						• Bre	ad ● Buns ●	Margarine	•					