

2025-26 Fall - Winter Menu

Week 4

	MONDAY		TUESDAY		WEDNESDAY		THURSDAY		FRIDAY		SATURDAY		SUNDAY	
	Oct 13	Jan 05	Oct 14	Jan 06	Oct 15	Jan 07	Oct 16	Jan 08	Oct 17	Jan 09	Oct 18	Jan 10	Oct 19	Jan 11
	Nov 10	Feb 02	Nov 11	Feb 03	Nov 12	Feb 04	Nov 13	Feb 05	Nov 14	Feb 06	Nov 15	Feb 07	Nov 16	Feb 08
	Dec 08	March 02	Dec 09	March 03	Dec 10	March 04	Dec 11	March 05	Dec 12	March 06	Dec 13	March 07	Dec 14	March 08
Beverages	• Tea • Coffee • Fruit Juice •													
Breakfast	Oatmeal Sausage Pancakes or Cold Cereal		Oat Bran Omelet Toast or Cold Cereal		Cream of Wheat Ham Croissant or Cold Cereal		Oatmeal Hashbrown Casserole or Cold Cereal		Oat Bran Sausage Scones or Cold Cereal		Cream of Wheat Boiled Egg Toast or Cold Cereal		Oatmeal Fried Egg Bacon or Cold Cereal	
Lunch														
Entree	Turkey Club Mixed Salad or Assorted Sandwiches		Hot Dogs Fries Mixed Salad or Assorted Sandwiches		Mac and Cheese Breadsticks Mixed Salad or Assorted Sandwiches		Tuna Salad Mixed Salad or Assorted Sandwiches		Cabbage Rolls Caesar Salad or Assorted Sandwiches		Chef’s Choice Pizza Mixed Salad or Assorted Sandwiches		Cold Plate Mixed Salad or Assorted Sandwiches	
Dessert	Brownies		Pears		Assorted Desserts		Cheesecake		Pudding		Nanaimo Bars		Jell-O	
Soup	St. Michael’s Steak Soup		Chicken Noodle		Sausage Vegetable		Cream of Broccoli		French Onion		Chicken Pasta		Pork Vegetable	
Supper														
Entrée	Egg Rolls Chow Mein Mixed Veg _____ <i>Beef Sausage*</i>		Liver & Onions Baby Potato Mixed Veg _____ <i>Market Fish*</i>		Beef Stew Sweet Potato Mash Mixed Veg _____ <i>Pork Chops*</i>		Lasagna Garlic Toast Mixed Veg _____ <i>Herb Chicken*</i>		Chicken Wings Fries/Gravy Mixed Veg _____ <i>Ham*</i>		Swedish Meatballs Pasta Mixed Veg _____ <i>Battered Fish*</i>		Beef Stir-fry Baby Potato Gravy Mixed Veg _____ <i>Roadhouse Chicken*</i>	
Dessert	Chocolate Cake		Bread Pudding		Banana Cream		Sticky Toffee Pudding		Strawberry Short Cake		Spice Cake		Assorted Dessert	
Supper Salad	Mixed Salad		Mixed Salad		Mixed Salad		Mixed Salad		Mixed Salad		Mixed Salad		Mixed Salad	
PM/HS Snack	Assorted Snacks		Assorted Snacks		Assorted Snacks		Assorted Sacks		Assorted Snacks		Assorted Snacks		Assorted Snacks	
Condiments	• Bread • Buns •Margarine •													

Breakfast is served with various fruits. Soup & Dessert may change without notice. Alternatives must be ordered by Noon.